# **GERONTOLOGY CERTIFICATE**

Gerontology is the study of aging. The number of adults over 65 years old is expected to increase dramatically in the near future. In fact, by 2030, it's estimated that 1 in 5 Americans will be over the age of 65 years. Since aging brings people specific challenges and opportunities that require specialized services and care, individuals with a background in gerontology are needed in every profession: medical, social, financial, administrative, residential, and hospitality services. The Gerontology Certificate provides students with a strong foundation in gerontology, preparing them to work with and advocate for older adults. The program is structured so students are able to individualize their courses of study to fit their career needs. Also, the certificate can be completed online. (The requirements for both the Gerontology Minor and Certificate are the same, the equivalent of 20 credits. Typically, degree-seeking students choose the minor and non-degree-seeking students choose the certificate.)

| Contact | Inform | ation  |
|---------|--------|--------|
| Contact |        | ativii |

gerontology@css.edu

## **Learning outcomes**

Upon completion of the Gerontology Certificate, the student will demonstrate:

- 1. Mastery of the biopsychosocial content area of gerontology.
- Ability to communicate about gerontological matters with appropriate application of terms and concepts.
- Competency in accessing gerontological research findings and integrating these findings with other scholarly information and personal observations.

### Requirements

Students must achieve the following program requirements for all courses listed under Program Requirements and Program Required Courses for the Gerontology Certificate.

#### **Program Requirements**

Certificate Credits: 16-20 Minimum GPA: 2.0 Minimum Grade: C-

### **Program Required Courses**

| Code   |               | Title                               | Credits |
|--------|---------------|-------------------------------------|---------|
| Core ( | Courses       |                                     |         |
| GER 3  | 316           | Health and Functioning in Late Life | 4       |
| PSY 3  | 315           | Psychosocial Aspects of Aging       | 4       |
| Electi | ve Courses    |                                     |         |
| Selec  | t 8 credits o | f the following:                    | 8       |
| BIC    | 4125          | Biology of Aging                    |         |
| EX     | P 3334        | Cardiopulmonary Rehabilitation      |         |
| GE     | R 3777        | Topics in Gerontology               |         |
| GE     | R 4444        | Research in Gerontology             |         |
| HIS    | S 1111        | History of the United States II     |         |
|        | or HIS 3325   | African American History II         |         |
| HS     | C 2203        | U.S. Healthcare System              |         |
| HS     | C 2215        | Nutrition for Health and Wellness   |         |
|        |               |                                     |         |

| PSY 3341                                    | Introduction to Counseling                           |       |
|---|--|-------|
| PSY 3424                                    | Mental Health and Aging                              |       |
| SWK 4440                                    | Social Work Intervention with Groups                 |       |
| TRS 3310                                    | Religious Perspectives on Living, Dying and Grieving |       |
| or TRS 3311                                 | Religious Perspectives on Healthcare Ethics          |       |
| or TRS 3330                                 | Catholic Benedictine Perspectives                    |       |
| TRS 3318                                    | Spirituality and Aging                               |       |
| Gerontology Fieldwork Project or Equivalent |  |       |
| Select one of the                           | following:   | 0-4   |
| GER 4555                                    | Gerontology Fieldwork Project                        |       |
| GER 4556                                    | Professional Application of Gerontology <sup>1</sup> |       |
| Total Credits                               |  | 16-20 |

<sup>1</sup> with supervised field work for credit as required by the student's major