

# GERONTOLOGY MINOR

Gerontology is the study of aging. The number of adults over 65 years old is expected to increase dramatically in the near future. In fact, by 2030, it's estimated that 1 in 5 Americans will be over the age of 65 years. Since aging brings people specific challenges and opportunities that require specialized services and care, graduates with a background in gerontology are needed in every profession: medical, social, financial, administrative, residential, and hospitality services. A minor in gerontology is a valuable addition to any major. Gerontology is centered in the biological, psychological and social elements of aging, which are presented in required core courses and an internship. Students are able to individualize their minors by choosing gerontology elective courses to fit their career needs. Gerontology courses, including the internship, often fulfill requirements for other majors and minors making the minor easier to fit into most any major. The minor can be completed online. (The requirements for both the Gerontology Minor and Certificate are the same, the equivalent of 20 credits. Typically, degree-seeking students choose the minor and non-degree-seeking students choose the certificate.)

## Contact Information

gerontology@css.edu

## Learning outcomes

Upon completion of the Gerontology Minor, the student will demonstrate:

1. Mastery of the biopsychosocial content area of gerontology.
2. Ability to communicate about gerontological matters with appropriate application of terms and concepts.
3. Competency in accessing gerontological research findings and integrating these findings with other scholarly information and personal observations.

## Requirements

Students must achieve the following program requirements for all courses listed under Program Requirements and Program Required Courses for the Gerontology minor.

### Program Requirements

Minor Credits: 16-20

Minimum GPA: 2.0

Minimum Grade: C-

### Program Required Courses

Code	Title	Credits
<b>Core Courses</b>		
GER 3316	Health and Functioning in Late Life	4
PSY 3315	Psychosocial Aspects of Aging	4
<b>Elective Courses</b>		
Select 8 credits of the following:		8
BIO 4125	Biology of Aging	
EXP 3334	Cardiopulmonary Rehabilitation	
GER 3777	Topics in Gerontology	
GER 4444	Research in Gerontology	
HIS 1111	History of the United States II	
	or HIS 3325 African American History II	

HSC 2203	U.S. Healthcare System	
HSC 2215	Nutrition for Health and Wellness	
PSY 3341	Introduction to Counseling	
PSY 3424	Mental Health and Aging	
SWK 4440	Social Work Intervention with Groups	
TRS 3310	Religious Perspectives on Living, Dying and Grieving	
	or TRS 3311 Religious Perspectives on Healthcare Ethics	
	or TRS 3330 Catholic Benedictine Perspectives	
TRS 3318	Spirituality and Aging	
<b>Gerontology Fieldwork Project or Equivalent</b>		
Select one of the following as directed by the gerontology program director:		0-4
GER 4555	Gerontology Fieldwork Project	
GER 4556	Professional Application of Gerontology <sup>1</sup>	
<b>Total Credits</b>		<b>16-20</b>

<sup>1</sup> with supervised field work for credit as required by the student's major