

# HEALTH SCIENCES, B.A. - ATHLETIC TRAINING CONCENTRATION

The College of St. Scholastica offers a 3 + 2 MS in Athletic Training degree option for students entering as first-year or transfers. Intended for highly motivated, highly qualified students, this option gives students the opportunity to apply for the master's program their junior year. If students are admitted, they will begin the Master's in Athletic Training during the summer after their junior year and earn a B.A. in Health Sciences, upon successful completion of degree requirements.

After successfully completing their fifth year, the M.S. in Athletic Training degree will be earned. Students pursuing this option are eligible for the same financial aid opportunities as undergraduate students during their first year of the M.S. program.

There will be five slots in the master's program available to students through the M.S. in 5 option. Transfer students must complete a minimum of 12 semester credits by the end of the fall semester in which they apply. At the conclusion of the fourth year, students will receive a B.S. in Exercise Physiology with a Concentration in Pre-Athletic Training.

## Contact Information

atr@css.edu

## Learning Outcomes

Upon completion of the Masters Degree in Athletic Training at The College of St. Scholastica, the graduate will be able to:

1. Demonstrate comprehension of foundational knowledge and skills
  - a. Demonstrate ability to prevent injuries
  - b. Demonstrate ability to recognize and evaluate injuries
  - c. Demonstrate ability to utilize therapeutic interventions in providing care to acute and chronic injuries
2. Demonstrate integration of advanced level knowledge and skill
  - a. Demonstrate advanced level knowledge and application of skills
  - b. Reflect on use of advanced knowledge and skills
3. Demonstrate effective communication with individuals, groups, and society.
  - a. Convey written information to appropriate constituents
  - b. Utilize verbal communication skills effectively
  - c. Effectively present information on a sports medicine related topic to a public group
4. Demonstrate competence in clinical decision making
  - a. Successfully diagnose injuries
  - b. Implement appropriate treatment and referral decisions
  - c. Implement effective rehabilitation programs
5. Demonstrate evidence of post-graduate preparedness.
  - a. Defend research poster project to faculty
  - b. Successfully complete the Board of Certification, Inc. exam
  - c. Achieve career placement
  - d. Master contemporary technology

## Requirements

Students must achieve the following program requirements for all courses listed under "Program Required Courses" for the Health Sciences, B.A. - Athletic Training Concentration.

### Program Requirements

**Major Credits: 67**

**Major Residency Credits: 16**

**Minimum GPA: 2.0**

### Program Required Courses

Code	Title	Credits
ATR 3000	Introduction to Athletic Training	2
BIO 1036	Biology of the Cell	2
BIO 2510	Human Anatomy and Physiology I	4
BIO 2520	Human Anatomy and Physiology II	4
CHM 1040	General, Organic, and Biochemistry for Health Sciences	4
EXP 3321	Kinesiology	4
EXP 3331	Exercise Physiology	4
EXP 3323	Sports Nutrition	4
EXP 3342	Strength and Conditioning	4
HHU 2301	Health, Happiness, and Human Well-being	4
HHU 3010	Trauma and Recovery: Medicine and Literature	4
HHU 3401	Health Care Across Cultures	4
or GCL 3401	Healthcare Across Cultures	
HHU 2900	Health Humanities Foundations	4
HIM 2101	Medical Language	3
PSC 2001	Physics I	4
or EXP 3322	Biomechanics	
PSY 1105	General Psychology	4
or PSY 2208	Lifespan Developmental Psychology	
PSY 2208	Lifespan Developmental Psychology	4
PSY 3331	Statistics	4
ATR 6009	Emergent Conditions	3
ATR 6012	Clinical Gross Anatomy & Human Physiology	4
ATR 6014	Foundations of Athletic Training	3
ATR 6100	Clinical I	2
ATR 6102	Evaluation and Treatment: Orthopedic Conditions	6
ATR 6103	Health Promotion and Wellness I: Strength and Conditioning	2
ATR 6104	Healthcare Documentation	2
ATR 6110	Athletic Training Program Assessment I	0
<b>Recommended but not required</b>		
HSC 2203	U.S. Healthcare System	
PSC 2002	Physics II	
PSY 3341	Introduction to Counseling	
PSY 3423	Abnormal Psychology	
<b>Total Credits</b>		<b>89</b>

Additional recommended but not required courses are BIO 3020 Pathophysiology, HSC 2203 Intro to US Healthcare system, PSC 2002 Physics II, PSY 3341 Introduction to Counseling and PSY 3423 Abnormal Psychology

## **Degree Requirements**

To graduate from the College of St. Scholastica, baccalaureate students must meet the following minimum degree requirements.

**Total Credits: 128**

**Upper Division Credits: 42**

**Residency Requirement: 32**

**Minimum GPA: 2.0**