

ADVENTURE EDUCATION AND OUTDOOR LEADERSHIP MINOR

The Adventure Education and Outdoor Leadership curriculum is designed to be a high-impact academic experience focusing on interdisciplinarity and experiential learning. Coursework will equip students with the necessary tools to facilitate meaningful educational outdoor experiences with a variety of audiences while effectively managing risk and promoting social, environmental, and economic stewardship. With a range of available elective courses in complementary disciplines, students may choose a focus area that augments their understanding of adventure education's social, environmental, and economic aspects or an area that supplements their chosen major.

Contact Information

aeo@css.edu

Learning Outcomes

Upon completion of the undergraduate minor in Adventure Education and Outdoor Leadership at The College of St. Scholastica, the student will be able to:

1. Explain adventure education's foundational psychosocial, educational, and ecological theories and principles.
2. Demonstrate proficiency in a variety of outdoor skills and facilitation of adventure education activities.
3. Demonstrate effective planning, facilitation, and assessment in various educational and recreational contexts.
4. Identify and effectively manage risk in various contexts and administer appropriate care in an emergency in urban and wilderness contexts.
5. Synthesize various disciplinary perspectives to address stewardship from the social, environmental, and economic responsibilities in adventure education and outdoor recreation.
6. Utilize diverse disciplinary perspectives to articulate the importance of outdoor recreation and exploring nature spaces as part of a healthy and sustainable society.

Requirements

Students must achieve the following program requirements for all courses listed under Program Requirements and Program Required Courses for the Adventure Education and Outdoor Leadership minor.

Program Requirements

Minor Credits: 19-22

Program Required Courses

Code	Title	Credits
Required Courses		
AEO 2210	Foundations of Adventure Education and Outdoor Leadership	4
AEO 2777	Topics in Adventure Education and Outdoor Leadership (Methods of Adventure Education and Outdoor Leadership)	4

AEO 2777	Topics in Adventure Education and Outdoor Leadership (Adventure Education and Outdoor Leadership Practicum)	2, 4, 6
----------	---	---------

Elective Courses

To acquire the required 19-22 credits, Select 6-10 additional credits: 6-10

AEO 2210/ NSC 2110	Foundations of Adventure Education and Outdoor Leadership
AEO 2777	Topics in Adventure Education and Outdoor Leadership (Technical Rock Climbing)
BIO 1103	Current Environmental Topics
BIO 1115	Global Problems, Scientific Solutions
BIO 2777	Topics (Biology of the Northwoods)
BIO 3210	Field Biology
BIO 3220	Plant Systematics
BIO 4170	Ecology
ECN 2410	Environmental Economics
EDU 1540	Introduction to Teaching
EDU 2210	Educational Psychology/Needs of Learners
ENG 4415	Writing Nature
GSJ 1101	Introduction to Global Sustainability and Justice Studies
GSJ 2250	Environmental History of the Americas
GSJ 3001	Globalization of Food and Agriculture
GSJ 3601	Music as Environmental Activism
GSJ 4402	Water and Politics
HIS 2250	Environmental History of the Americas
HHU 2301	Health, Happiness, and Human Well-being
NAS 2201	American Indian History I
PSY 2208	Lifespan Developmental Psychology
SOC 2125	Sociology of Health
SWK 3350	Understanding Systems of Privilege and Oppression

Total Credits 16-24

Suggested Focus/Tracks

Code	Title	Credits
Outdoor Adventure Education		10
AEO 2777	Topics in Adventure Education and Outdoor Leadership (Technical Rock Climbing)	
NSC 2110	Wilderness First Responder (WFR)	
Complete one additional 2-4 credit course from the elective list		
Pre-Health Care/Medical		8
PSY 2208	Lifespan Developmental Psychology	
	or SOC 2125 Sociology of Health	
NSC 2110	Wilderness First Responder (WFR)	
Education and Psychology		7
EDU 1540	Introduction to Teaching	
EDU 2210	Educational Psychology/Needs of Learners	
Global Sustainability and Justice		8
Choose 2 of these courses for a total of 8 credits		
GSJ 2250	Environmental History of the Americas	
GSJ 3601	Music as Environmental Activism	
GSJ 3001	Globalization of Food and Agriculture	

GSJ 4402	Water and Politics	
Biology and the Natural Environment		8
BIO 1115	Global Problems, Scientific Solutions	
BIO 2777	Topics (Biology of the Northwoods)	