

# ADVENTURE EDUCATION AND OUTDOOR LEADERSHIP

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The Adventure Education and Outdoor Leadership department is designed to be a high-impact academic experience focusing on interdisciplinarity and experiential learning. Coursework will equip students with the necessary tools to facilitate meaningful educational outdoor experiences with a variety of audiences while effectively managing risk and promoting social, environmental, and economic stewardship. With a range of available elective courses in complementary disciplines, students may choose a focus area that augments their understanding of adventure education's social, environmental, and economic aspects or an area that supplements their chosen major.

## Programs

- Adventure Education and Outdoor Leadership Minor (<https://catalog.css.edu/programs-az/stender-business-leadership-professional-studies/adventure-education-and-outdoor-leadership/adventure-education-and-outdoor-leadership-minor/>)

## Contact Information

aeo@css.edu

## Adventure Education and Outdoor Leadership Courses

### **AEO 2210 - Foundations of Adventure Education and Outdoor Leadership - 4 cr.**

Introduces students to adventure education principles, theories, and practices. Students explore the historical and philosophical foundations of the field, examine experiential learning models, and develop facilitation skills for adventure-based activities. Topics covered include risk management, group dynamics, leadership development, and the use of outdoor environments for growth, education, and well-being. Through hands-on experiences, discussions, and reflective learning, students understand how adventure education fosters teamwork, resilience, and stewardship. Students are REQUIRED to participate in an outdoor trip the first full weekend of October.

### **AEO 2777 - Topics in Adventure Education and Outdoor Leadership - 0-6 cr.**

Topics in Adventure Education and Outdoor Leadership